



**THE 60-SECOND
GUIDE TO
THERAPEUTIC
PLASMA
EXCHANGE (TPE).**



A PERSONAL NOTE ON **WHY THIS MATTERS.**

“My dad died from dementia. I watched him, and many of his brothers and sisters, lose themselves to memory loss.

When I began noticing the same signs in myself, I knew I had to take action.

I discovered something my dad never had access to — a breakthrough therapy that has given me more time, more health, and more memories with the people I love.

That therapy is called **Therapeutic Plasma Exchange (TPE).**”

— John Mauldin, *Co-Founder of Lifespan Edge*



WHAT IS **THERAPEUTIC PLASMA EXCHANGE** (TPE)?

Think of it like an “oil change” for your body.

As we age, plasma accumulates misfolded proteins and toxins that drive:

- **MEMORY DECLINE**
- **INFLAMMATION AND FATIGUE**
- **ACCELERATED AGING SYMPTOMS**
- **HIGHER RISK OF ALZHEIMER’S & DEMENTIA**

TPE gently filters out these harmful elements and replaces old plasma with a clean, balanced solution.



HOW IT CAN **HELP**.

Therapeutic Plasma Exchange is a powerful, science-backed procedure that supports your body at its core.

Our clients at Lifespan Edge report life-changing results, including:



Sharper thinking and memory support



More energy for everyday life



Slows aging effects on body and brain



Safe, *FDA-approved process with minimal side effects

***Important Note:** Therapeutic Plasma Exchange (TPE) is an FDA-approved procedure for several conditions. While early research and patient experiences suggest promising benefits for aging and cognitive health, results may vary and TPE may not be right for everyone. We encourage you to speak with our medical team to determine if TPE is appropriate for your unique health situation.



WHY PEOPLE **CHOOSE TPE.**

It's not just about feeling better today.

It's about preserving memories, independence,
and more years with the people you love.



WHAT TO **EXPECT**.

Your Therapeutic Plasma Exchange (TPE) experience is designed to be as comfortable and seamless as possible. If you've ever donated blood, the process will feel familiar—with a few key differences tailored to maximize the benefits of TPE.

- **Simple:** outpatient, ~2.5–3 hours per session
- **Protocol:** two sessions in week one, a short break, then two more sessions
- **Location:** Frisco, TX clinic (travel support available)





READY TO **TAKE THE NEXT STEP?**

Schedule a no-pressure Discovery Call today.

This could be the most important conversation you'll ever have about aging well.

[CLICK HERE TO SCHEDULE NOW](#)

Or reach us directly at: 469-430-1555.



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